

Our staff can speak to you in Urdu, Hindi, Punjabi, Bengali or Mirpuri.

You will have:

- Access to women only team who provide confidential, empathetic and nonjudgmental person centered emotional support to South Asian women fleeing domestic violence
- Support to access information to help you understand your rights and make informed decisions
- Support from staff who have experience and expertise to identify risks and develop safety planning accordingly
- Support from staff who can help you with things that may be worrying you like money and help you to seek job opportunities or apply for welfare benefits
- Access to specialist counselling services and support for your children
- Help you to understand your rights and options

The Outreach Service is open to anyone worried about someone at risk, including professionals. **You can call us 24 hours, day or night.**

If you would like to talk through your options, ask questions or to access immediate emergency refuge: **Tel: 0795 849 449/0800 953 9666**

Supported by:









 www.roshnibirmingham.org.uk admin@roshnibirmingham.org.uk



Our refuge can provide safe, secure emergency accommodation for South Asian women and children. Our staff can speak to you in Urdu, Hindi, Punjabi, Bengali or Mirpuri.

You will have:

- Access to women only team who provide confidential, empathetic and non-judgmental person centered emotional support to women fleeing domestic violence
- Support to access information to help you understand your rights and make informed decisions
- Support from staff who have experience and expertise to identify risks and develop safety planning accordingly
- Support from staff who can help you with things that may be worrying you like your immigration, housing, money and help you to register with a GP
- Access to specialist counselling services and support for your children
- Help you to understand your rights and options

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Our staff can speak to you in Urdu, Hindi, Punjabi, Bengali or Mirpuri.

You will have:

- Access to confidential, empathetic and nonjudgmental person centered support to help with tenancy related issues including setting up accounts with gas and electricity suppliers, paying your bills, registering with local GP's and any other support identified
- Support to access information to help you understand your rights and make informed decisions
- Access specialist counselling services and support for your children

- Support from staff who have experience and expertise to identify risks and develop safety planning accordingly
- Support from staff who can help you with things that may be worrying you like money and help you to seek job opportunities or apply for welfare benefits
- Help you to understand your rights and options

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GROSHNI I Have The Right

I Have The Right To Choose

West Midlands Forced Marriage & Honour Based Abuse Outreach Service

Do you feel under pressure to get married?

Are you afraid that you will bring shame and dishonour to your family?

Are you afraid of the consequences or your safety going on a family holiday?

Do you feel guilty that if you don't agree to the marriage, your parent's health condition will get worse?

Are you from the LGBTQI community and fear the consequences of coming out and reporting forced marriage or honour based violence & abuse?

We listen, believe and we help! You should not feel alone, we are here to help you.

Our staff can speak to you in Urdu, Hindi, Punjabi, Bengali or Mirpuri.

You will have:

- Access to women only team who provide confidential, empathetic and non-judgmental person centered emotional support to victims and survivors in the West Midlands
- Support to access information to help you understand your rights and make informed decisions
- Support from staff who have experience and expertise to identify risks and develop safety planning accordingly
- Support from staff who can help you with things that may be worrying you like money and help you to seek job opportunities or apply for welfare benefits
- Access specialist counselling services and support for your children
- Help you to understand your rights and options

The **Outreach Service** is open to anyone worried about someone at risk of Forced Marriage or Honour Based Abuse including professionals.

You can call us 24 hours, day or night:

Tel: 0795 849 449/0800 953 9666

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